

# Sailing Instructions

University of Birmingham Sailing Club

The Brummy Boom 2023

Bartley Sailing Club

4-5th November 2023



1. Rules
  - a. Racing will be governed by the rules as defined in the Racing Rules of Sailing including Appendix D, Team Racing Rules.
  - b. The right of appeal is denied in accordance with rule 70.5(a).
  - c. When boats are provided by the Organising Authority they shall be deemed to conform to their class rules. When class rules change rule 42, such changes shall not apply.
2. Changes to Sailing Instructions
  - a. Changes to these SIs will be signalled by flying flag L from the shore signal position. Such changes will be posted on the official notice board not less than 10 minutes before the warning signal of the first affected race.
3. Communications with Competitors
  - a. Notices to competitors will be posted on the official notice board located in the clubhouse used for the event, unless a different location is specified in the appendix to these SIs.
4. Code of Conduct
  - a. [DP] Competitors and support persons shall comply with reasonable requests from race officials.
  - b. [DP] Competitors and support persons shall handle any equipment by the organising authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.
5. Eligibility
  - a. To become eligible a team shall register as required by the notice of race or, if not specified, on arrival at the event. A representative for the team shall sign the helms sheet, accepting to cover damages, before going afloat for the first time.
  - b. After registration, no team member may be changed without the prior permission of the race committee which will be given only in exceptional circumstances.
6. Racing area & obstructions
  - a. The racing area and any relevant obstructions will be described during the race briefing on Saturday morning.

## 7. Signals made ashore

- a. The shore signal position is the club flagpole unless a different location is specified in the appendix to these SIs.
- b. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 10 minutes' in Race Signals AP.

## 8. Schedule of races

- a. The format of the event will be described in the notice of race or on the official notice board at the event. The format may be modified during the event in a fair and practical way as solely determined by the race committee taking into account the entries, weather conditions, time constraints and any other relevant factors.
- b. The schedule of races will be displayed on the official notice board. Any changes thereto and schedules for subsequent rounds will be displayed not less than 3 minutes before the start of that phase of the competition.
- c. Every race will be assigned a race number in the race schedule.
- d. Unless otherwise specified in the appendix to these SIs, the race number will be displayed on the committee boat between the preparatory signal and start signal for that race. When the race number is displayed in this way, it overrides all prior communications, schedules or instructions. The race committee may at any time remove a particular race from the published sequence of races and run it at a later time.

## 9. The Start

- a. Races will be started by using the following signals. Times shall be taken from the start of each sound signal; the failure of a visual signal shall be disregarded. This amends rule 26.

Signal	Minutes before starting signal	Sound	Alternative visual signals
Warning	3	One	3 battens
Preparatory	2	One	2 battens
One-minute	1	One	1 batten
Starting	0	One	No battens

Races will be on a rolling cycle.

- b. When a boat is subject to rule 29.1, flag X need not be displayed for more than 1 minute after the starting signal; this amends rule 29.1. The race committee may hail the sail numbers or the total number of premature starters.
- c. A boat that fails to start within two minutes of her starting signal will be scored DNS without a hearing. However, if the boat was OCS at her starting signal, she shall be scored in accordance with rule D3.1(b). This amends rules A4 and A5.
- d. After a general recall, succeeding races may be delayed for the recalled race.
- e. Attention may be drawn to an imminent warning signal by a series of short sound signals. If flag AP has been flown, these signals may be used in place of the standard one minute interval. This amends race signal AP.

#### 10. The Course and Time Limit

- a. Unless otherwise specified in the appendix to these SIs: a. the starting line will be between the mast of a committee boat and a starting mark; b. the finishing line will be between the mast of a committee boat and a finishing mark.
- b. The starting mark, finishing mark and course marks will be described during the race briefing on Saturday morning.
- c. The course configuration will be displayed on the official notice board.
- d. The race committee may move marks of the course at any time. Rule 33 will not apply.
- e. Unless otherwise specified in the appendix to these SIs, the time limit for each race will be 30 minutes. Boats failing to finish within ten minutes after the first boat finishes will be scored DNF. This amends rule 35.

#### 11. Protests and Penalties

- a. Protests and requests for redress that have not been decided afloat shall be notified to the race office within 10 minutes after the relevant incident or, if the incident is afloat, within 10 minutes after coming ashore.
- b. The protest committee may refuse to hear a protest or request for redress unless its outcome is relevant to progress, but not seeding, in the next round of the competition. This amends rule 63.1.
- c. When rule D2 applies and the race umpires together with one other umpire (when available) decide that a boat has broken rule 14 and there is damage or injury, they may penalise her team by half a race win without a hearing. The boat will be informed as soon as practical and may request a hearing. Any penalty after a hearing will be in accordance with rule D3.1(d). This amends rule 63.1.
- d. When a competitor breaks additional rule 14.8, personal flotation device, or 14.9, wet or dry suits, in the appendix to these SIs the competitor's team shall be penalised one race win without a hearing. This amends rule 63.1.
- e. When a protest committee decides that a breach of a rule, other than a rule of Part 2, has had no significant effect on the outcome of a race, it may make any arrangement it decides is equitable, which may be to order a resail or to impose no penalty. This amends rules 64.1 and D3.1.

#### 12. When Boats are Supplied by the Organising Authority

- a. For each race, the race committee will allocate boats to the participating teams.
- b. Spinnakers, trapezes and the gear specifically provided for the utilisation of these shall not be used.
- c. Standing rigging shall not be altered nor any gear removed without the permission of the race committee.
- d. BREAKDOWNS
  - i. When a supplied boat suffers a breakdown, rule D5 applies.
  - ii. Competitors are responsible for inspecting their boats before racing.

- iii. Competitors shall report any defects, damage or breakdown to the race committee at the first reasonable opportunity.
- iv. When to continue racing after damage a breakdown risks further damage to the boat, she shall retire immediately.
- v. The race committee may postpone a resail indefinitely and score each team half a race win unless the result is relevant to progress, but not seeding, in the next round.

### 13. CONTINUITY

- i. Before starting and after finishing or retiring, boats shall sail to minimise any delay to the race schedule and without interfering with any race in progress.
- ii. A boat shall remain the responsibility of the team until handed over to the race committee or the next team to use that boat. Boats shall be handed over as empty of water as practical and in racing trim.

### 14. Risk Statement & Insurance

- a. Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
  - i. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
  - ii. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
  - iii. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
  - iv. Their boat is in good order, equipped to sail in the event and they are fit to participate;
  - v. The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
  - vi. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- b. When the boats are provided by the competitors, the boat is required to hold adequate insurance and in particular to hold insurance against third party claims in the sum of at least three million pounds (£3,000,000), unless a different sum is specified in the appendix to these SIs.

### 15. Additional Rules

Additional Rule	In effect
1. Races will be umpired. Rule D2 applies.	YES
2. Two-Flag Protest Procedure applies as rule D2.5.	NO
3. Races with Limited Umpiring applies as rule D2.6.	NO
4. Rule D1.1(d), Arm Signals when rule 20 applies, is deleted.	YES

5. A boat capsized after her starting signal, so that her masthead is in the water, shall retire immediately.	NO
6. A boat capsized after her starting signal, so that both her gunwales are touching the water or her mast is stuck in the bottom of the lake or sea, shall retire immediately.	YES
7. Provided the flag remains on the buoy there shall be no penalty when a boat touches any part of a flag which does not surround the staff of a mark. This amends rule 44.1.	YES
8. An adequate personal flotation device shall be worn at all times whilst afloat.	YES
9. Wet or dry suits shall be worn at all times when afloat.	YES